**LESSON PLAN**

Subject: Health

Grade Level: 6/7

Time: 1:45-2:50

Date: December 12, 2013

**OUTCOMES AND STANDARDS**

**NB Health Curriculum Grade 6**

GCO: Use, Misuse and Abuse of Materials (emphasizing Media Literacy)

SCO: C2) explain the use and misuse of substances which claim to assist weight loss or body building

**NB Health Curriculum Grade 7**

GCO: Use, Misuse and Abuse of Materials (emphasizing Media Literacy)

SCO: C3) identify and analyse influences, especially from peers and media promotions, that effect on choices regarding healthy or unhealthy behaviours (e.g. smoking, drinking, dieting)

**OVERVIEW**

This lesson will have students complete a project that will show their understanding of the media’s influence on consumers.

**PURPOSE/OBJECTIVE**

The purpose of this lesson is to have students think about drugs that clam to aid in body building and weight loss and how their peers and the media can influence decisions to take these and other drugs.

**MATERIALS & PREPARATION**

* Roles for magazine
* Paper for magazine

**ACTIVITIES & PROCEDURE**

* Students will enter the classroom and immediately be handed paper for their magazine
* Teacher will take attendance and circulate throughout the class
* Teacher must make students aware of other assignments that have not been handed in yet as this is the last class of health before Christmas
* Part way through the class, teacher will tell students that any work not completed during this class or for homework tonight will be completed during Phys. Ed. tomorrow

**ASSESSMENT**

* As a class, we will be creating a health magazine. Each student will have a task that they will be marked on. All students will be marked on how well they work during class. Below is a description of all of the tasks that need to be completed. You will have this class to complete the assignment.

Grade 6/7 Health Assignment December 5, 2013

As a class, we will be creating a health magazine. Each student will have a task that they will be marked on. All students will be marked on how well they work during class. Below is a description of all of the tasks that need to be completed. You will have the remainder of this class and next class to complete the assignment.

1. Cover and Back cover: 2 people
* Create an attractive front and back cover for our class magazine complete with photos and magazine name. Will be marked for creativity, eye appeal, neatness, and concept
1. Ad to convince someone who is addicted to get help: 2 people
2. Anti-diet pill ad, anti-steroid ad and anti-alcohol (underage drinking) ad: 3 people
* Find a creative way to make an advertisement that promotes each of the previous things. You will each choose a separate ad to make, but you can work together to formulate ideas. Will be marked for creativity for creativity, eye appeal, neatness, and content
1. Fictional story about a person who said no to drugs or alcohol: 2 people
2. Fictional story about a person who did not say no to drugs: 2 people
3. Fictional story from a person who tried diet pills: negative effects: 2 people
4. Fictional story from a person who tried steroids: negative effects: 2 people
* Create a story explaining giving a full scenario. Why did this person start taking a substance? What was the effect the substance had on them? Why would they ever try it again? Will be marked for creativity, neatness and content
1. Picture with caption to go along with diet pills stories: 2 people
2. Picture with caption to go along with steroids stories: 2 people
* Draw a picture that goes along with the story. You must communicate with partners writing the story to determine what picture to draw. Will be marked for creativity, neatness, concept, and relatedness to the story
1. Table of contents: 1 person
* You must organize magazine and determine what order content should go in as well as make table of content page. You may need to communicate with other groups. Will be marked on communication, eye appeal, and logic behind organization

Health Magazine Assignment

**Front and Back Cover**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Rubric** | 4-5Criteria is met or surpassed | 2-3Some criteria is met | 0-1Most of the criteria is not met |
| Creativity: Looks original and different than a generic magazine cover, title is creative |  |  |  |
| Eye Appeal: Draws your eyes to the magazine. Makes me want to read the magazine |  |  |  |
| Neatness: Covers are well organized and easy to follow |  |  |  |
| Concept: Cover looks like it could be the cover of a real magazine |  |  |  |

Total: /20

HINT: Look at magazine covers and put your own spin on them. You may want to talk to classmates so you know what will be inside of the magazine.

Health Magazine Assignment

**Convincing Ad**

**Topic (ex. anti-alcohol):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Rubric** | 4-5Criteria is met or surpassed | 2-3Some criteria is met | 0-1Most of the criteria is not met |
| Creativity: Ad looks original and different  |  |  |  |
| Eye Appeal: Eyes are drawn to the ad and it looks interesting  |  |  |  |
| Neatness: Ad is neat, tidy, and easy to understand |  |  |  |
| Content: Ad gives the public a reason to stop participating in the unhealthy act |  |  |  |

Total: /20

HINT: Look at the effects of diet pills/steroids/alcohol or the negative consequences found in your notes to help get an idea.

Health Magazine Assignment

**Fictional Story**

**Topic (ex. No to Drugs or Alcohol):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Rubric** | Criteria is met or surpassed4-5 | Some criteria is met2-3 | Most of the criteria is not met0-1 |
| Creativity: Effort was made to make this article look like it was out of a magazine.  |  |  |  |
| Neatness: Story is written neatly and is easy to understand. Story has been edited and corrected with no errors in spelling or grammar |  |  |  |
| Content: Story demonstrates that you understand the content and the effects of addiction | 8-10 | 5-7 | Below 5 |

Total: /20

HINT: Look at the effects of <insert topic here> or the negative consequences found in your notes to help get an idea of how a story could start.

Health Magazine Assignment

**Picture with Story**

**Topic (ex. Diet Pills):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Partner (who wrote the story):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Rubric** | 4-5Criteria is met or surpassed | 2-3Some criteria is met | 0-1Most of the criteria is not met |
| Creativity: Idea of picture was thought through |  |  |  |
| Concept: Picture looks like it could be out of a magazine |  |  |  |
| Neatness: Picture is neat, tidy, and easy to look at. Eye is drawn to the picture |  |  |  |
| Relatedness to Story: Picture fits the story. Audience can make the connection easily |  |  |  |

Total: /20

HINT: Look at different magazines and see what the pictures with the stories look like. Make sure you communicate with the person writing the story.

Health Magazine Assignment

**Table of Contents**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Rubric** | Criteria is met or surpassed4-5 | Some criteria is met2-3 | Most of the criteria is not met0-1 |
| Communication: all students are talked to so you can determine what they are doing and how they are covering their topics |  |  |  |
| Neatness: Table of Contents is neat, tidy, and easy to look at and follows the sequence of the magazines final product |  |  |  |
| Logic: Magazine follows a logical order  | 8-10 | 5-7 | Below 5 |

Total: /20

HINT: Look at different magazines and see what the table of contents looks like and how they are ordered. Talk to your fellow classmates early to determine what they are doing so you can start your portion.